



Wellbeing Coordinator (Hospital based)

Linking Leeds

CL16 - £27,148

Our Service

Linking Leeds exists as a consortium of seven local partners with 10 years' collective experience delivering Social Prescribing for Leeds brilliant and diverse communities. These partners include Leeds Mind, Community Links, BARCA, Feel Good Factor, Age UK Leeds, Better Leeds Communities and Leeds Irish Health and Homes.

Linking Leeds aims to improve physical, mental and social health and wellbeing, through a holistic approach to improve quality of life and confidence in self-management and supporting independence.

We aim to provide high quality services adhering to principles of best practice, promoting equal opportunities and working positively with diversity. All posts have two main functions: to carry out the duties as outlined and be proactive in continuously improving service delivery.

We expect all employees to carry out their duties in a professional manner with a client focus, ensuring that respect and courtesy is shown to them, colleagues, other service providers and all those in contact with the organisation.

The Role

The Wellbeing Coordinator (Hospital based) will work within the hospital setting (including Urgent Care) to increase awareness of social prescribing for staff and patients, and to be a direct route into support for patients who attend Leeds Teaching Hospitals.

The Wellbeing Co-ordinator will improve the way the needs of local populations are met. Comprehensive and holistic assessments of need will be completed to collaboratively identify support goals and opportunities. Alongside the normal work of a social prescriber this role will involve proactively and confidently having a presence within the hospital setting (including A & E), working with patients and clinical staff to learn more about social prescribing and referring them into the mainstream service where appropriate. This will involve working alongside hospital staff, including in-reach in A&E.

The post holder will support individuals to understand what Linking Leeds can do to support them, referring them into the service and then supporting patients to build independence and personal resilience, enabling self-management of their health and wellbeing. This will be achieved through the creation of Wellbeing plans which will be tailored to individual need. Key to the role will be the ability to build trusting relationships quickly whilst motivating individuals to make sustained changes, working sensitively and overcoming barriers to access.

Wellbeing Co-ordinators will build and develop relationships with a wide range of services and activities in order to address social and health care needs, signposting and offering support to individuals to participate and benefit from community-based activity.

This is a unique and exciting opportunity to play a valuable role in the development of the city-wide service, delivering innovative approaches in a secondary health care setting.

Please note this is a new and developing role. We are looking for enthusiastic and committed candidates who have the skillset needed to deliver this project in a fast paced and dynamic environment.

Job Description

The main responsibilities of this role include:

- To have the confidence and excellent communication skills to be a proactive team member within the hospital setting, getting to know clinical staff and supporting patients to understand the role social prescribing can have in supporting their needs. This will include working in busy and sometimes challenging health care environments.
- To undertake both very brief and comprehensive assessments of need for those accessing the service within agreed timeframes.
- To triage patients, signpost and refer to specialist support quickly where necessary.



- To work with a caseload of individuals to facilitate access to recommended community-based interventions and programmes of activity that benefit health and wellbeing. To support individuals into provision within agreed timeframes.
- To develop collaborative Wellbeing support plans with individuals which promote choice and complement any medical treatment or advice.
- To identify any barriers to people accessing services and activities and work with individuals to overcome these.
- To use a range of techniques and interventions to support people, including those with long term conditions, to self-manage their health and encourage behavioural and lifestyle change.
- To monitor and record outcomes within SystmOne through the use of recognised assessment tools and outcome measures, including SWEMWBS and the Wellbeing Wheel.
- To build networks with local community resources such as activities and services that may have an impact on health and wellbeing and support individuals to access these, focused mainly on targeted hospital teams.
- To develop multi-agency working across communities and voluntary and statutory organisations to improve health and address health inequality.
- To work closely with Linking Leeds staff-, reviewing pathways in conjunction with the service manager to ensure that provision is of a consistently high quality.
- To work closely with LTHT staff, including those within A&E as well as wider e.g. Safeguarding, Public Health.
- To gather and collate statistical and other information and data as required, to report on activity and outcomes and ensure effective qualitative and quantitative monitoring and evaluation of the service.
- To support the evaluation of the project and help determine recommendations for future development.
- To reflect on practice and participate in project steering group meetings, team meetings, practice development forums and peer supervision within the consortium.
- To develop an awareness of local and national developments and best practice in this area of work and to attend relevant conferences, meetings and training events as required.
- To ensure that client records and other information systems are completed accurately and within agreed timescales.
- To ensure that support undertaken is meaningful, respectful, promotes self-determination and is in line with the individual support plan.
- To adhere to organisational policies and procedures relating to risk and personal safety.
- Any other duties commensurate with the grade and level of responsibility of this post.
- Living our core values every day.

The role is based at St James' Hospital but may include working at various sites including other hospital sites, community venues, and working from home. The Linking Leeds office is The Reginald Centre, 263 Chapeltown Road, LS7 3EX.